

Include Me C.I.C.

# Include

## What a Surprise!

It is nine months now since we started our Wednesday morning activities at "Linksvie" in Vale Road, Woolton. We started off with an initial idea, to rent the room at Linksvie, advertise ourselves with local Doctor's Surgeries and Supermarkets and see if people would come along. We started with 3 people in our campaign against all forms of Isolation including loneliness and our group has now grown to approximately 45-50 people on average, attending each week. Over the year we have gained in experience and are planning to expand and do more with our group in the future.



Above - **Include Me CIC** were honoured to receive a visit recently from the Lord Mayor, Gary Millar and Councillor Mark Norris to judge the best "Easter Bonnet" competition and to learn more about our weekly group. There was also the opportunity to talk about **Include Me CIC's** future aims and plans.



Above - Teddies knitted for Cleft Palate children in Nagpur, India



Above - Ray and his Karaoke, giving his services free of charge

**We meet every Wednesday morning  
From 10am to 1pm at,**

Linksvie, Vale Road, Woolton

For people of all ages who want to meet and enjoy tea and coffee in a friendly place.

**Everyone welcome**

Contact Janet for more information,  
**0151 558 0845**

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